

# **2025 Youth Summer Field Hockey**

**Sponsored by:** *West Milford Community Services & Recreation*

**Dates:** Monday, 7/14  
through Friday, 7/18

**Times:** 9:00-12:00 pm

**Grades:** Girls entering Grades  
3<sup>rd</sup>-9<sup>th</sup>



**Cost:** \$180.00 (\$10.00 additional for non-resident)

\*\*\*All participants get a WMFH t-shirt!!

**Place:** McCormack Field (Turf Field)

**Director:** W.M.H.S. Field Hockey Head Coach / Coach Krista Provost

## **\*\*Required Equipment\*\***

- Field Hockey Stick
- Approved Goggle Eyewear
- Mouthguard
- Shinguards
- Water Bottle
- Light Lunch
- Sunscreen



## **\*\*Daily Schedule\*\***

- 9:00-9:15- attendance/camp announcements
- 9:15-9:30- warm up
- 9:30-10:00- session #1
- 10:00-10:30- session #2
- 10:30-10:50- Lunch Break
- 10:50-11:20- session #3
- 11:20-12:00- SCRIMMAGES & FUN CONTESTS

**\*PRE-REGISTRATION IS REQUIRED. MAKE CHECKS PAYABLE TO WMCSR**

## **REGISTER**

1. Go to [www.westmilford.org](http://www.westmilford.org), click on the Community Services and Recreation, then "REGISTER for PROGRAMS HERE." Once you are in community pass look for 2025 SUMMER Programs.
2. Call the Recreation Office (973-728-2860) for assistance, M-F, 8:30 a.m. – 4:30 p.m.