

# SPRING - 2025 Multi-Sports & Soccer Programs For Children 2 - 6 years old

SPONSORED BY WEST MILFORD COMMUNITY SERVICES & RECREATION



**Cost:** **\$170.00** per child (non residents add \$10) **Location:** WM Recreation Center Field, (inside if inclement weather)

**\*\* If your child's bday is between 10/1/18 - 9/30/19 they can sign up for our WM Spring Youth Soccer League.**

**Dates:** **Thursdays, April 24 – June 5 (make-up if needed 6/12)**

**Multi Sport** 4:30 – 5:15 pm Ages 3-4

Children have the opportunity to experience a variety of sports throughout their program. Each session may include Lacrosse, Soccer, Track & Field. All sports are taught in a safe, structured and fun learning environment designed to ensure learning and most importantly: Fun, Fun, Fun!! Parents must remain at program.

**Senior Squirts Multi Sports** 5:30 – 6:15 pm Ages 4-6

This class is the perfect stepping stone for children who have graduated from Squirts Multi Sports or for children looking for their first ever sports experience. Players will learn key skills in a variety of sports, which may include Lacrosse, Soccer, Track & Field. Parents must remain at program.

**Dates:** **Sundays, April 27 – June 15 (no class 5/25) (make-up if needed 6/22)**

**SUNDAY 6/1 CLASS IS AT LEGACY FIELD; 44 Nosenzo Pond Road, WM**

**Soccer Squirts Parent Assist** 11:00 – 11:45 am Ages 2-3

Parental Involvement: Assistance & support is required Discover a unique and dynamic soccer experience designed to celebrate your child's individual journey into the exciting world of soccer. Your child will develop core fundamental soccer skills, such as kicking, dribbling, and shooting, all with the support and guidance of a parent. In this program, we place a strong emphasis on fostering essential life skills such as teamwork, patience, and self-confidence. Parents take on a supportive role, offering guidance and assistance when required, to ensure a positive experience. Join us in this journey of exploration and growth, where your child's unique pace is celebrated, and Soccer becomes an enriching experience for the whole family.

**Soccer Squirts** 10:00 – 10:45 am Ages 3-4

The US Sports Institute's Soccer Squirts program is the original age 3 - 4 Soccer class for boys and girls. They will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Soccer Squirts classes are taught through structured activities, fun games, and scrimmages that are designed to ensure learning, and most importantly, Fun, Fun, Fun! Parents must remain at program.

**Skills & Scrimmage** 9:00 – 9:45 pm Ages 4-6

The US Sports Institute is offering a Skills & Scrimmage program that focuses on developing essential soccer skills in a fun, game oriented environment. These players will master techniques such as dribbling, passing, footwork, and more, through dynamic activities that emphasize both individual and team play. Parents must remain at program.

## How to Enroll –

Go online to [www.westmilford.org](http://www.westmilford.org), click on “Community Services and Recreation”, then click on “**REGISTER HERE FOR PROGRAMS**”, Look for “2025 SPRING Programs”.

For assistance call the Recreation Office at 973-728-2860 Monday – Friday from 8:30am – 4:30pm.