

SPRING - 2023

Multi-Sports & Soccer Programs For Children 2 - 6 years old

SPONSORED BY WEST MILFORD COMMUNITY SERVICES & RECREATION



Cost: **\$160.00** per child (non residents add \$10) **Location:** WM Recreation Center Field, (inside if inclement weather)

**** If your child's bday is between 10/1/16 - 9/30/17 they can sign up for our WM Spring Youth Soccer League.**

Dates: **Thursdays, April 20 – June 1**

Multi Sports 4:30 – 5:20 pm Ages 3-4

Children have the opportunity to experience a variety of sports throughout their program. Each session may include Lacrosse, Soccer, Track & Field. All sports are taught in a safe, structured and fun learning environment designed to ensure learning and most importantly: Fun, Fun, Fun!! Parents must remain at program.

Senior Squirts Multi Sports 5:30 – 6:20 pm Ages 4-6

This class is the perfect stepping stone for children who have graduated from Squirts Multi Sports or for children looking for their first ever sports experience. Players will learn key skills in a variety of sports, which may include Lacrosse, Soccer, Track & Field. Parents must remain at program.

Dates: **Sundays, April 23 – June 11 (no class 5/28)**

Soccer Squirts Parent & Me 11:00 – 11:50 am Ages 2-3

Parent & Me Soccer Squirts is a fun and positive introduction to soccer for young children with a helping hand from Mom or Dad! With a parent participating by their side, kids will have fun learning the fundamental skills of soccer through a program of structured activities and fun based games. Each session focuses on maximizing participation and learning through a variety of fun games designed to stimulate a child's imagination and develop motor skills. This is an excellent opportunity for you to spend quality time together while easing your child into social situations with support and confidence. Parents must remain at program.

Soccer Squirts 9:00 – 9:50 am Ages 3-4

The US Sports Institute's Soccer Squirts program is the original age 3 - 4 Soccer class for boys and girls. They will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Soccer Squirts classes are taught through structured activities, fun games, and scrimmages that are designed to ensure learning, and most importantly, Fun, Fun, Fun! Parents must remain at program.

Senior Soccer Squirts 10:00 – 10:50 pm Ages 4-6

The US Sports Institute Senior Soccer Squirts program gives players the opportunity to learn the principles of attacking, defending and passing. Players will be encouraged to apply these skills to game scenarios. Soccer-Senior Squirts is appropriate for players graduating from USSI's Soccer Squirts program or for children looking for their first ever soccer experience! Parents must remain at program.

How to Enroll –

Go online to www.westmilford.org, click on “Community Services and Recreation”, then click on “**REGISTER HERE FOR PROGRAMS**”, Look for “2023 SPRING Programs”.

For assistance call the Recreation Office at 973-728-2860 Monday – Friday from 8:30am – 4:30pm.