

# **PASTA FAGIOLI SOUP MIX IN A JAR**

**Sponsored by West Milford Community Services & Recreation**

Growing up, you probably indulged in the occasional canned chicken noodle soup, especially on cold days or when you were feeling under the weather. Canned soups were household staples.

## **BENEFITS OF SOUPS IN JARS:**

- Homemade to your liking
- You get to choose healthy ingredients
  - Less salt and additives
- Great gifts for the holidays, expectant parents, sick friend or even as a teacher gift
  - Great for quick meals on busy weeknights
- There's seriously not a person I can think of that doesn't appreciate the gift of a homemade meal!

## **COME MAKE A JAR OF SOUP**

**When:** Tuesday, March 5, 2024  
**Where:** West Milford Recreation Center gym 3  
**Time:** 12:30 - 1:30PM  
**Snow date:** Tuesday, March 12—same time  
**Registration is required-everything you need is included**

**To register, go to [www.westmilford.org](http://www.westmilford.org), click on the Services tab at the top of the screen, then select Community Services & Recreation Registration. Look for Seniors 2024. If you need**