



Community Services & Recreation presents:

The Game of Pickleball



Pickleball: The Fun Game with the Funny Name.

Pickleball is the fastest growing sport in the country. It's a lively racquet game for all ages and abilities. Many kids and teenagers play it in physical education classes in middle and high schools. Adults and Senior Adults enjoy the social aspects and the ability to stay active in towns and retirement communities.

Pickleball is a racquet sport which combines elements of badminton, tennis, and table tennis. The rules are simple and the game is easy for beginners to learn; it can develop into a quick, fast-paced, competitive game for experienced players. It is played with a paddle and a plastic ball and can be played indoors or out. The court is about 1/3 the size of a tennis court so there is a much smaller area for each player to cover.

Play is on Tuesdays and Thursdays, Fridays

From 9:00 a.m. to 12:00 p.m.

At the West Milford Recreation Center.

(Recreation Center is located at 66 Cahill Cross Road, West Milford, NJ 07480)

You must pre-register.

\$5.00/day

\$30.00/month

How to Enroll -

- Go online to www.westmilford.org. Click on the Services tab at the top of the screen, then select Community Services & Recreation Registration. Look for "Pickleball sign ups – Pickleball".

If you need assistance, call the Recreation Office at 973-728-2860. Monday—Friday, 8:30 a.m. – 4:30 p.m