

BACK AGAIN WITH MORE CLASSES!

PADDLE BOARD YOGA

AT BUBBLING SPRINGS
1468 MACOPIN RD, WEST MILFORD

SUP YOGA

Saturday - July 12th, 26th & August 2nd

(Rain date August 3rd)

9:00 am - 10:00 am

\$50 per person (per class)

\$10 out of town fee

SIGN UP FOR JUST ONE OR ALL THREE!

Come enjoy a serene yoga practice, with the added challenge of being on the water! No previous paddle boarding experience is required. The instructor will offer adjustments to accommodate a broad range of skill levels. Whether you love yoga or just want to try something new, this class is for you! **AGES 18+**

- * ALL EQUIPMENT PROVIDED *
- * MUST BE ABLE TO SWIM *
- * LIMITED AVAILABILITY *



To register:

Go to www.westmilford.org, click on Community Services & Recreation, then "**REGISTER HERE FOR PROGRAMS**". Once you are in Community Pass look for "2025 SUMMER Programs".

SPONSORED BY:



973-728-2860