



PADDLEBOARD YOGA

AT BUBBLING SPRINGS

SUP YOGA

Saturday - July 20th & August 3rd

9:00 am - 10:00 am

\$50 per person (per class)

SIGN UP
FOR JUST
ONE OR
BOTH!

Come enjoy a serene yoga practice, with the added challenge of being on the water! No previous paddle boarding experience is required: the instructor will offer adjustments to accommodate a broad range of skill levels. Whether you love yoga or just want to try something new, this class is for you! **AGES 18+**



* ALL EQUIPMENT PROVIDED *

* MUST BE ABLE TO SWIM *

* LIMITED AVAILABILITY *

How to register:

Go online to www.westmilford.org, click on the Services tab at the top of the screen, then select Community Services & Recreation Registration. Look for "2024 SUMMER Programs".

SPONSORED BY:



973-728-2860

