

Sign up and receive WMFHBC Discount



Sponsored by the WM Community Services and Recreation, the Winter Academy is designed to get FIELD HOCKEY high school athletes working together in the off season as a TEAM!  
The team's dedication in the off season pays off BIG time IN SEASON!

- ★ **When/Where**- Rec Center Gym #3 (Sundays, 1/7-2/25; 8:00-10:00am)
- ★ **PRACTICE FOR HIGH SCHOOL ATHLETES!!**
- ★ **Cost**- \$150 (SPECIAL \$25 DISCOUNT for RETURNING HS PLAYERS from the WMFH Booster Club)
- ★ **How to Register**-

1. Go to [www.westmilford.org](http://www.westmilford.org), click on the Community Services and Recreation, then "REGISTER HERE for PROGRAMS." Once you are in community pass look for 2024 WINTER Programs.  
2. Call the Recreation Office (973-728-2860) for assistance, M-F, 8:30 a.m. – 4:30 p.m.

# WM Field Hockey

## Gold FH Winter Academy



### Bianca Cano

- ★ WMHS Graduate 2017
- ★ Team Captain 2016, Most Dedicated
- ★ 4th leading goal scorer at WM
- ★ 1st Team All County and All Conference
- ★ Played at Mercy College
- ★ Youth WMFH Travel Coach



### Emily Sheridan

- ★ WMHS Graduate 2020
- ★ 1st Team All County and All Conference
- ★ Played at Drew University
- ★ GOALIE



### Kelsie Murphy

- ★ WMHS Graduate 2019
- ★ Team Captain 2018, Most Dedicated
- ★ 1st Team All County and All Conference
- ★ Currently plays at WPU
- ★ Youth WMFH Travel Coach
- ★ Head Coach at RAMAPO COLLEGE