



Caring Hearts Creative Hands Club

Like to crochet, knit, needle point, or sew by hand? Sometimes doing these activities at home can be boring; come join our group and be creative as you socialize. Working in a group and socializing promotes relaxation and helps reduce stress, fear, and anxiety. It also improves emotional and physical health.

We provide the yarn. In the past our group has made baby blankets, baby hats and booties, which we then donate to a hospital for newborn babies. The club has also made lap blankets for the nursing homes in town. The group shares ideas and patterns in a fun and relaxing atmosphere.

Where: West Milford Recreation Center

When: Every Thursday

Time: 10:00 – 11:30AM

No fee for this program. Registration is required.

Three Easy Ways to Enroll!

1. Online at www.westmilford.org, click on the Services tab at the top of the screen; select Community Services & Recreation Online Registration. Look for 2019 Senior Programs.
2. In person at the Recreation Office, located inside the West Milford Recreation Center, 66 Cahill Cross Road. M-F, 8:30 a.m. – 4:30 p.m.
3. By phone, call the Recreation Office at 973-728-2871.

