

## Local Resources

**Hope Institute:** 179 Cahill Cross Road, Suite 201. West Milford. 855-434-8040  
[www.thehopeinstitutenj.com](http://www.thehopeinstitutenj.com)

Expert level of compassionate care to those suffering from addiction and to inspire meaningful life changes and create everlasting hope in the once hopeless.

**CarePlus NJ. Inc:** Valley Health Plaza, Paramus. 201-265-8200. <https://careplusnj.org>

Mental health, addiction services and social support services.

**CBH Cares:** [www.cbhcares.com](http://www.cbhcares.com) Full spectrum of behavioral health services, family support services and mental health services.

**NJ4S:** (NJ Statewide Student Support Services): <https://nj4s.nj.gov/s/> Services and resources to support youth mental wellness for students, parents/caregivers and school faculty.